

The United Benefice of Mount's Bay
St Hilary Parish Church



Sung Eucharist in Lent

Welcome to the beautiful church of St Hilary – especially if you are visiting or a newcomer to the area.

The priest will say everything written in light type; you are invited to join in with the words in **bold type**, whether they are said or sung.

Children of all ages are very welcome. Please do make use of the children's play equipment at the back of the church if you would find this helpful.

Please join us for tea and coffee in the Annunciation Chapel after the service.

A Litany for Lent

We fast from judging others
but feast on patience.
We fast from apparent differences
but feast on unity of all life.
We fast from words that pollute
but feast on words that affirm.
We fast from complaining
but feast on appreciation.
We fast from bitterness and anger
but feast on forgiveness and mercy.
We fast from discouragement
but feast on hope.
We fast from suspicion
but feast on trust.
We fast from idle gossip
but feast on purposeful silence.
We fast from problems that overwhelm
but feast on prayer that strengthens.

From the Franciscan Mission Service

¶ *The Gathering*

Processional Hymn

We stand to sing the Processional Hymn

In the name of the Father,
and of the Son,
and of the Holy Spirit.

All Amen.

The Greeting

The president greets the people

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ
be with you.

All and also with you.

Words of welcome and introduction

Prayer of Preparation

We say together

**All Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

Prayers of Penitence

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord,
who is full of compassion, and acknowledge our
transgressions in penitence and faith.

All **Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness
of life
to the glory of your name.
Amen.**

We say or sing

All **Lord, have mercy upon us.
Lord, have mercy upon us.
Lord, have mercy upon us.**

**Christ, have mercy upon us.
Christ, have mercy upon us.
Christ, have mercy upon us.**

**Lord, have mercy upon us.
Lord, have mercy upon us.
Lord, have mercy upon us.**

Or

We confess to you our selfishness and lack of love:

fill us with your Spirit.

Lord, have mercy

All **Lord, have mercy.**

We confess to you our fear and failure in sharing our faith:

fill us with your Spirit.

Christ, have mercy

All **Christ, have mercy.**

We confess to you our stubbornness and lack of trust:

fill us with your Spirit.

Lord, have mercy

All **Lord, have mercy.**

The president says

Almighty God,
who forgives all who truly repent,
have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.

All **Amen.**

The Collect

The president introduces a period of silent prayer with the words 'Let us pray'

All **Amen.**

¶ *The Liturgy of the Word*

Old Testament Reading

This is the word of the Lord
All Thanks be to God.

Psalm

New Testament Reading

This is the word of the Lord
All Thanks be to God.

Gradual Hymn

We stand to sing the Gradual Hymn

Gospel Reading

We remain standing and all turn to face the centre of the church to sing.

The acclamation is sung, and we respond

All Praise to you, O Christ, King of eternal glory

The Gospel is announced

The Lord be with you.
All And also with you.

Hear the Gospel of our Lord Jesus Christ according to N.

All Glory to you, O Lord.

After the Gospel

All This is the Gospel of the Lord.
Praise to you, O Christ.

Sermon

We keep a short period of quiet reflection

The Creed

We stand to sing

All I believe in one God
the Father the almighty,
maker of heaven and earth,
And of all things visible and invisible:
And in one Lord, Jesus Christ,
the only begotten Son of God,
begotten of his Father before all worlds,
God of God, Light of Light,
very God of very God,
begotten, not made,
being of one substance with the Father,
by whom all things were made;

who for us men and for our salvation
came down from heaven,
and was incarnate by the Holy Ghost of the
Virgin Mary,
and was made man,
and was crucified also for us under Pontius
Pilate.

He suffered and was buried,
and the third day he rose again
according to the scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father.
And he shall come again with glory

**to judge both the quick and the dead;
whose kingdom shall have no end.**

**And I believe in the Holy Ghost,
the Lord, the giver of life,
who proceedeth from the Father and the
Son,
who with the Father and the Son together
is worshipped and glorified,
who spake by the prophets.**

**And I believe one holy catholic and apostolic
Church.
I acknowledge one baptism for the remission
of sins.
And I look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Or we say

***All* We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is,
seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.
For us and for our salvation he came down
from heaven,
was incarnate from the Holy Spirit and the**

**Virgin Mary
and was made man.
For our sake he was crucified under Pontius
Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the
living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is
worshipped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic
Church.
We acknowledge one baptism for the
forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

Prayers of Intercession

***Please sit or kneel to pray. These responses
may be used***

All Lord, in your mercy | Lord, hear us
Hear our prayer. | Lord, graciously hear us.

And at the end

All Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

¶ *The Liturgy of the Sacrament*

The Peace

We stand

Since we are justified by faith,
we have peace with God
through our Lord Jesus Christ,
who has given us access to his grace.

All The peace of the Lord be always with you.
and also with you.

Let us offer one another a sign of peace.

***All may exchange a handshake as a sign of
peace.***

Preparation of the Table

Offertory Hymn

***While we sing the Offertory hymn, a
collection will be taken and the altar
prepared, with bread and wine placed upon
it.***

Taking of the Bread and Wine

Blessed are you, Lord God of all creation:
through your goodness we have this bread to
offer,
which earth has given and human hands have
made.

It will become for us the bread of life.

All Blessed be God for ever.

Blessed are you, Lord God of all creation,
through your goodness we have this wine to offer,
fruit of the vine and work of human hands.

It will become for us the cup of salvation.

All Blessed be God for ever.

The Eucharistic Prayer

***We remain standing and the president
sings***

The Lord be with you

All And with thy spirit.

Lift up your hearts.

All We lift them up unto the Lord.

Let us give thanks unto the Lord our God.

All It is meet and right so to do.

Or says

The Lord be with you

All and also with you.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.
For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

All **Holy, holy, holy, Lord God of hosts,
heaven and earth are full of thy glory.
Glory be to thee, O Lord most high.**

**Blessed is he who cometh in the name of the
Lord.
Hosanna in the highest.**

Or
All **Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.**

**Blessed is he who comes in the name of the
Lord. Hosanna in the highest.**

Accept our praises, heavenly Father,
through your Son our Saviour Jesus Christ,
and as we follow his example and obey his
command,
grant that by the power of your Holy Spirit
these gifts of bread and wine
may be to us his body and his blood;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the
forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Therefore, heavenly Father,
we remember his offering of himself
made once for all upon the cross;
we proclaim his mighty resurrection and glorious
ascension;
we look for the coming of your kingdom,
and with this bread and this cup
we make the memorial of Christ your Son our
Lord.

Great is the mystery of faith:

All **Christ has died:**
Christ is risen:

Christ will come again.

Accept through him, our great high priest,
this our sacrifice of thanks and praise,
and as we eat and drink these holy gifts
in the presence of your divine majesty,
renew us by your Spirit,
inspire us with your love
and unite us in the body of your Son,
Jesus Christ our Lord.

Through him, and with him, and in him,
in the unity of the Holy Spirit,
with all who stand before you in earth and
heaven,
we worship you, Father almighty,
in songs of everlasting praise:

***All* Blessing and honour and glory and power
be yours for ever and ever.
Amen.**

The Lord's Prayer

Let us pray with confidence as our Saviour has
taught us

***All* Our Father who art in heaven,
hallowed be thy name
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,**

**the power, and the glory
for ever and ever. Amen.**

Or

As our Saviour taught us, so we pray

***All* Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

Breaking of the Bread

The president breaks the consecrated bread

We break this bread
to share in the body of Christ.

***All* Though we are many, we are one body,
because we all share in one bread.**

We sing the Agnus Dei as the bread is broken

***All* O Lamb of God,
that takest away the sins of the world;
have mercy upon us.**

**O Lamb of God,
that takest away the sins of the world:**

have mercy upon us.

**O Lamb of God, that takest away the
sins of the world;
grant us thy peace.**

Or

***All* Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
have mercy on us.**

**Lamb of God,
you take away the sin of the world,
grant us peace.**

Giving of Communion

The president says

Jesus is the Lamb of God that takes away the sin
of the world.

Happy are those who are called to his supper.

***All* Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

***All* We do not presume
to come to this your table, merciful Lord,
trusting in our own righteousness,
but in your manifold and great mercies.
We are not worthy
so much as to gather up the crumbs under
your table.
But you are the same Lord**

**whose nature is always to have mercy.
Grant us therefore, gracious Lord,
so to eat the flesh of your dear Son Jesus
Christ
and to drink his blood,
that our sinful bodies may be made clean by
his body
and our souls washed through his most
precious blood,
and that we may evermore dwell in him, and
he in us.Amen.**

Or

**Most merciful Lord,
your love compels us to come in.
Our hands were unclean,
our hearts were unprepared;
we were not fit even to eat the crumbs
from under your table.
But you, Lord, are the God of our salvation,
and share your bread with sinners.
So cleanse and feed us
with the precious body and blood of your
Son,
that he may live in us and we in him;
and that we, with the whole company of
Christ,
may sit and eat in your kingdom.
Amen.**

***It is usual to keep silence during the
distribution of communion. Anyone who
receives Communion in their own church is
welcome to do so today, or if you would
prefer, please come forward for a blessing,
keeping your hands folded together.***

Communion Hymn

We all remain seated to sing the Communion Hymn and then silence is kept for an extended period.

Prayer after Communion

The priest says the Prayer after Communion and then we all say

All Almighty God,
we thank you for feeding us
with the body and blood
of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out in the power of your Spirit
to live and work to your praise and glory.
Amen.

The Notices

The Dismissal

We stand for the Blessing

All The Lord be with you
and also with you.

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross,
and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All Amen.

Recessional Hymn

We remain standing to sing the Recessional Hymn

All Go in peace to love and serve the Lord.
In the name of Christ. Amen.

Or

The service has ended; our service begins.
Go in the peace of Christ.
All **Thanks be to God.**

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