

Mounts Bay United Benefice

November 2020 Prayer Booklet



Issue 8

Sunday Services

**in church buildings, on-line and
On-the telephone**

Weekday Morning + Evening Prayer

Praying Together

‘Remember...remember...’. In November we move into the season of Remembrance, All Saints and All Souls. Please bring this November Prayer Booklet to Church each week with you but you won’t now need to bring your Green Holy Communion books to Church with you every Sunday: the Saints Season booklets will be in your pews each week.

We were particularly aware of how difficult the time of lockdown was for those who were bereaved so each of our four churches will be holding an All Souls Services this year. They are:

Saturday 31 October 4pm Perranuthnoe

Sunday 1 November 4pm Ludgvan

Monday 2 November 7pm

Sunday 8 November 4pm Marazion

Please let Sandra Seymour in the Parish Office know how many in your family would like to come so we are able to maximise attendance keeping social distancing etc. At the All Souls Services this year each family group will be invited to come forward to light a candle together, say five to six sentences about their loved one (if they would like to) and read out their name. If you are unable to come but would like their name read and a candle lit for someone please also call Sandra on 01736-741067 or e-mail:

mountsbaychurchoffice@btinternet.com.

Unfortunately, this year we are not able to hold Remembrance Services or have parades so you are invited to stand outside your front door for the two-minute silence on Sunday 8 November.

The times and themes for the November services will be:

Date/Church	Ludgvan	Marazion	Perran	St Hilary	Theme
1 November	8am BCP Holy Communion 4pm All Souls	9.45am Followed by ten-minute AGM	11.15am	9.30am	All Saints/Lazurus
8 November	10am	4pm All Souls	11.15am	9.30am	Third Sunday Before Advent
15 November	10am	9.45am	11.15am	9.30am	Second Sun Before Advent
22 November	10am	9.45am	11.15am	9.30am	Christ the King
29 November	10am	4pm Advent Carol Service	11.15am	9.30am	Advent Sunday

As we are living in a such a time of great change and volatility, we will continue to offer the on-line and telephone services throughout the winter months.

For our daily Prayer together, **St John** continues to be our guide as we finish off reading the Gospel of St John in Morning Prayer in early November and then we look at St John’s three Letters in our Evening Prayer. Morning Prayer in mid-November follows ‘*New Daylight*’ contemplation through objects and then moves onto the delightful story of Ruth.

Meanwhile, we continue to seek to build back our worshipping communities despite all the restrictions:

- As all the Churches are now open most of the time, the **November copy of the 'View'** is either in your envelope or ready to pick up and purchase from the back of Church. Please leave 50p in the Wall Safe/Donations boxes. Any donations towards the cost of the 'View' and postage warmly received at the Parish Office.
- Our monthly **Wednesday Zoom Study Group on Wednesday 4 November 6pm Join, 6.30-7.30pm Discussion, 7.30-8pm Socialising**. William Morris from Ludgvan is available to talk to you about downloading the Zoom app if you want to join in and anyone is welcome to join in throughout the Benefice. Those on the telephone only can also dial up and listen and join in the discussion. William can be contacted on 01736 740634 or morriswil@aol.com. We also now have a Zoom Study Group in Perran too, meeting on 12 November. Please contact Margaret Stevens if you would like to join in: mstevens@btinternet.com
- Thank you for all the contributions I have received to the Meditation section of the Prayer Booklet. I hope Meditations might return in December for two months to sustain us over the winter Advent-Christmas-Epiphany period. If you have any contributions, poems, reflections, prayers, pieces of prose on any of these themes (Advent waiting, hope, light coming into the darkness, Jesus' coming, the divinity of Christ) please do send them to me: canon@nigelmarns.plus.com by Sunday 15 November.

Much love and blessing as for many the difficult winter months are upon us. Many of the Gospel Readings in November urge us despite the darkness to keep alert and watchful and despite all that assails us to keep our lamps burning bright. I trust all contained within may help sustain and uphold you in faith and hope.

Canon Nigel Marns

Thursday 23 October 2020

Please contact any of the clergy team about anything:

Canon Nigel Marns 01736-740784 canon@nigelmarns.plus.com

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Revd Linda Garthwaite 07592 612740 linda.gathwaite@kennegycove.co.uk

Online: via the website: www.mountsbayub.wordpress.com

via Facebook: Mounts Bay United Benefice

Telephone: Dial up and listen to the service: 01736-279039

Front Cover picture: Quilt by Julia Graber based on 'In my Father's house, there are many rooms' (John 14:1-6)

Morning Prayer

If you are lighting a candle say:

**We light a candle because Christ is the Light no darkness can extinguish.
+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen**

Opening sentences

**One thing I have asked of the Lord, this is what I seek:
that I may dwell in the house of the Lord all the days of my life;
to behold the beauty of the Lord and to seek Him in His temple.**

Declaration of faith

To whom shall we go? You have the words of eternal life,
and we have believed and have come to know that You are the Holy One of God.
Praise to You, Lord Jesus Christ, King of endless glory.

Today's Scripture Reading (please see the back of this booklet) &
Commentary (please 'New Daylight' if you have a copy).

Prayers of Intercession for others and the whole world

The Lord's Prayer

Canticle

Christ, as a light, illumine and guide me. Christ, as a shield, overshadow me.
Christ under me; Christ over me; Christ beside me on my left and my right.
This day be within and without me, lowly and meek, yet all-powerful.
Be in the heart of each to whom I speak; in the mouth of each who speaks unto me.
This day be within and without me, lowly and meek, yet all-powerful.
Christ as a light; Christ as a shield; Christ beside me on my left and my right.

Blessing

May the peace of the Lord Christ go with you, wherever He may send you.
May He guide you through the wilderness,
protect you through the storm.
May He bring you home rejoicing
at the wonders He has shown you.
May He bring you home rejoicing
once again into our doors.

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Evening Prayer

If you are lighting a candle say:

We light this candle because Christ is the Light no darkness can extinguish.

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

My soul waits for the Lord
more than those who watch for the morning,
more than those who watch for the morning.

Expressions of faith

Lord, You have always given bread for the coming day;
and though I am poor, today I believe.

Lord, You have always given strength for the coming day;
and though I am weak, today I believe.

Lord, You have always given peace for the coming day;
and though of anxious heart, today I believe.

Lord, You have always kept me safe in trials;
and now, tried as I am, today I believe.

Lord, You have always marked the road for the coming day;
and though it may be hidden, today I believe.

Lord, You have always lightened this darkness of mine;
and though the night is here, today I believe.

Lord, You have always spoken when time was ripe;
and though you be silent now, today I believe.

Today's Scripture Reading (please see the back of this booklet)

Prayers of Intercession, for others and the whole world

The Lord's Prayer

Canticle

In the shadow of Your wings
I will sing Your praises, O Lord.

The Lord is my light, my salvation;
whom shall I fear?

The Lord is the refuge of my life;
of whom shall I be afraid?

In the shadow of Your wings
I will sing Your praises, O Lord.

One thing I ask of the Lord,
one thing I seek;
to dwell in the presence of my God,
to gaze on Your holy place.

In the shadow of Your wings
I will sing Your praises, O Lord.

I believe I shall see the goodness
of the Lord in the land of the living.
O wait for the Lord!
Have courage and wait,
wait for the Lord.

In the shadow of Your wings
I will sing Your praises, O Lord.

Blessing

O Lord, keep us safe this night secure from all our fears
may angels guard us whilst we sleep till morning light appears.

(Contributed by Mary Yellop)

Watch now, dear Lord, with those who wake or watch or weep tonight,
and give your angels charge over those who sleep.

Tend your sick ones, O Lord Christ,
rest your weary ones,
bless your dying ones,
soothe your suffering ones,
pity your afflicted ones,
shield your joyous ones,
and all for your love's sake.

(Suggested by Sue Eames from 'Iona Worship Book')

See that ye be at peace among yourselves, my children,
and love one another.
Follow the example of the wise and good
and God will comfort you and help you,
both in this world
and in the world which is to come.

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



Sunday Services in November

Sunday 1 November All Saints Day

Collect & Prayer for the Week Almighty God, you have knit together your elect in one communion and fellowship in the mystical body of your Son Christ our Lord: grace us grace to follow your saints in all virtuous and godly living that we may come to those inexpressible joys that you have prepared for those who love you; through Jesus Christ our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever. **Amen.**

Psalm 130

1 Out of the depths have I cried to you, O Lord; Lord, hear my voice; let your ears consider well the voice of my supplication.

2 If you, Lord, were to mark what is done amiss, O Lord, who could stand?

3 But there is forgiveness with you, so that you shall be feared.

4 I wait for the Lord; my soul waits for him; in his word is my hope.

5 My soul waits for the Lord, more than the night watch for the morning, more than the night watch for the morning.

6 O Israel, wait for the Lord, for with the Lord there is mercy;

7 With him is plenteous redemption and he shall redeem Israel from all their sins.

Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

Gospel Reading: John 11:1-45

Prayer After Communion God, the source of holiness and giver of all good things: may we who have shared at this table as strangers and pilgrims on earth be welcomed with all your saints to the heavenly feast on the day of your kingdom; through Jesus Christ our Lord. **Amen.**

Sunday 8 November Third Sunday Before Advent

Collect & Prayer for the Week Almighty Father, whose will is to restore all things in your beloved Son, the King of all: govern the hearts and minds of those in authority, and bring the families of the nations, divided and torn apart by the ravages of sin, to be subject to his just and gentle rule; who is alive, and reigns with you, in the unity of the Holy Spirit, One God, now and forever. **Amen.**

Psalm 70

- 1 O God, make speed to save me; O Lord, make haste to help me.
- 2 Let those who seek my life be put to shame and confusion; let them be turned back and disgraced who wish me evil.
- 3 Let those who mock and deride me turn back because of their shame.
- 4 But let all who seek you rejoice and be glad in you;
let those who love your salvation say always, 'Great is the Lord!'
- 5 As for me, I am poor and needy; come to me quickly, O God.
- 6 You are my help and my deliverer; O Lord, do not delay.

Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

New Testament Reading: 1 Thessalonians 4:13-end

Gospel Reading: Matthew 25:1-13

Prayer after Communion God of peace, whose Son Jesus Christ proclaimed the kingdom and restored the broken to wholeness of life: look with compassion on the anguish of the world, and, by your healing power, make whole both peoples and nations through Jesus Christ our Lord. **Amen.**



Sunday 15th November: Second Sunday before Advent

Collect & Prayer for the Week: Almighty God, you have kindled the flame of your love in the hearts of the saints, grant to us the same faith and power of love, that, as we rejoice in their triumphs, we may be sustained by their example and fellowship; through Jesus Christ your Son our Lord. **Amen.**

Psalm 90:1-17

- 1 Lord, you have been our refuge from one generation to another.
- 2 Before the mountains were brought forth, or the earth and the world were formed, from everlasting to everlasting you are God.
- 3 You turn us back to dust and say: 'Turn back, O children of earth.'
- 4 For a thousand years in your sight are but as yesterday, which passes like a watch in the night.
- 5 You sweep them away like a dream; they fade away suddenly like the grass.
- 6 In the morning it is green and flourishes; in the evening it is dried up and withered.
- 7 For we consume away in your displeasure; we are afraid at your wrathful indignation.
- 8 You have set our misdeeds before you and our secret sins in the light of your countenance.
- 9 When you are angry, all our days are gone; our years come to an end like a sigh.
- 10 The days of our life are three score years and ten, or if our strength endures, even four score; yet the sum of them is but labour and sorrow, for they soon pass away and we are gone.
- 11 Who regards the power of your wrath and your indignation like those who fear you?
- 12 So teach us to number our days that we may apply our hearts to wisdom.
- 13 Turn again, O Lord; how long will you delay? Have compassion on your servants.
- 14 Satisfy us with your loving-kindness in the morning, that we may rejoice and be glad all our days.
- 15 Give us gladness for the days you have afflicted us, and for the years in which we have seen adversity.
- 16 Show your servants your works, and let your glory be over their children.
- 17 May the gracious favour of the Lord our God be upon us;
prosper our handiwork; O prosper the work of our hands.

Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

New Testament Reading: 1 Thessalonians 5:1-11

Gospel Reading: Matthew 20:1-16

Post Communion Prayer Lord of heaven, in this Eucharist you have brought us near to an innumerable company of angels and to the spirits of the saints made perfect: as in this food of our earthly pilgrimage we have shared their fellowship, so may we come to share their joy in heaven; through Jesus Christ our Lord. **Amen.**

Sunday 22nd November : Christ the King

Collect & Prayer for the Week: Eternal Father, whose Son Jesus Christ ascended to the throne of heaven that he might rule over all things as Lord and King: keep the Church in the unity of the Spirit and the bond of peace, and bring the whole created order to worship at his feet; who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever. **Amen.**

Psalm 95

- 1 O come, let us sing to the Lord; let us heartily rejoice in the rock of our salvation.
- 2 Let us come into his presence with thanksgiving and be glad in him with psalms.
- 3 For the Lord is a great God and a great king above all gods.
- 4 In his hand are the depths of the earth and the heights of the mountains are his also.
- 5 The sea is his, for he made it, and his hands have moulded the dry land.
- 6 Come, let us worship and bow down and kneel before the Lord our Maker.
- 7 For he is our God; we are the people of his pasture and the sheep of his hand.

Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

New Testament Reading: 1 Thessalonians 5:1-11

Gospel Reading: Matthew 20:1-16

Post Communion Prayer Stir up, O Lord, the wills of your faithful people; that they, plenteously bringing forth the fruit of good works, may, by you, be plenteously rewarded; through Jesus Christ our Lord. **Amen.**

Sunday 29 November: Advent Sunday

Collect & Prayer for the Week: Almighty God, give us grace to cast away the works of darkness and to put on the armour of light, now, in the time of this mortal life, in which your Son, Jesus Christ, came to us in great humility; that, on the last day, when he shall come again in his glorious majesty, to judge the living and the dead, we may rise to the life immortal; through him who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever. **Amen.**

Psalm 80

- 1 Hear, O Shepherd of Israel, you that led Joseph like a flock;
- 2 Shine forth, you that are enthroned upon the cherubim,
before Ephraim, Benjamin and Manasseh.
- 3 Stir up your mighty strength and come to our salvation.
- 4 Turn us again, O God; show the light of your countenance, and we shall be saved.
- 5 O Lord God of hosts, how long will you be angry at your people's prayer?
- 6 You feed them with the bread of tears; you give them abundance of tears to drink.
- 7 You have made us the derision of our neighbours, and our enemies laugh us to scorn.
- 8 Turn us again, O God; show the light of your countenance, and we shall be saved.

Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

New Testament Reading: 1 Corinthians 1:3-9

Gospel Reading: Mark 13:24-end

Post Communion Prayer O Lord, our God, keep us watchful and keep us faithful as we await the coming of your Son our Lord; that, when he shall appear, he might find us not sleeping in sin but active in his service and joyful in his praise; through Jesus Christ our Lord. **Amen.**

Morning and Evening Prayer Readings

Date	Morning	Object	Evening
Monday 2 November	John 19:17-37	X	John 19:38-42
Tuesday 3 November	John 20:1-18	X	John 20:19-23
Wednesday 4 November	John 20:24-31	X	John 21:1-14
Thursday 5 November	John 21:15-19	X	John 20:20-25
Friday 6 November	1 John 1:1-4	X	1 John 1:5-10
Saturday 7 November	1 John 2:1-6	X	1 John 2:7-17
Monday 9 November	1 Samuel 16:10-12	Loved ones Photo	1 John 2:18-29
Tuesday 10 November	Psalms 18:1-3,31	Pebble	1 John 3:1-10
Wednesday 11 November	Isaiah 52:1-7	Uplifting music	1 John 3:11-18
Thursday 12 November	Jeremiah 18:1-6a	Clay/salt dough	1 John 3:19-24
Friday 13 November	Ezekiel 17:22-23	Plant cutting & soil	1 John 4:1-6
Saturday 14 November	Matthew 1:1-2,17	Paper + colour pens	1 John 4:7-21
Monday 16 November	Luke 2:43,45-47	Notebook	1 John 5:1-5
Tuesday 17 November	Matthew 4:1,8-10	Glossy Magazine	1 John 5:6-12
Wednesday 18 November	Luke 21:1-6	Two Copper coins	1 John 5:13-21
Thursday 19 November	John 12:3-5,7	Aromatherapy oil	2 John 1-3
Friday 20 November	John 19:16-20	Crucifix	2 John 4-11
Saturday 21 November	Luke 24:1-5	Empty box	2 John 12-13
Monday 23 November	Ruth 1:1-5	X	3 John 1-4:
Tuesday 24 November	Ruth 1:6-7	X	3 John 5-8
Wednesday 25 November	Ruth 1:8-11	X	3 John 9-15
Thursday 26 November	Ruth 1:12-19	X	Jude 1-4
Friday 27 November	Ruth 1:20-2:12	X	Jude 5-16
Saturday 28 November	Ruth 2:13-18		Jude 17-24

