

Mounts Bay United Benefice February 2021



Daffodils emerging near the Ludgvan Pilgrim in the Rectory garden

Prayer Booklet Issue 12

**Sunday Services in church buildings,
on-line and on-the telephone
Morning & Evening Prayer**

Please bring this booklet with you to Church

Praying Together

Dear Everyone,

I am delighted to be able to send you some resources to help you through this third lockdown and to begin Lent.

Lent starts mid-way through the month on Ash Wednesday 17 February and we will be holding a Benefice **Ash Wednesday Service** at St Hilary with the traditional imposition of Ashes at 7pm.

It feels as if we all have been going through a wilderness time over this past year, so, rather than *give something up* this Lent (as we have been made to give up so much) why not *take something on* this Lent: why not commit to a daily reading from '*The Little Book of Lent*'. The enclosed book is full of inspired writing from inspiring people!

You are also welcome to join the Lent Zoom group. Please see below for details of this and for information about our Lent Appeal for the Woodland Trust.

Sunday Services

In Church

For those who feel able to attend, Services will continue every Sunday in February: St Hilary 9.30am, Marazion 9.45am, Ludgvan 10am, Perranuthnoe 11.30am (note new time for Perran!)

Online/by phone

The **Sunday Online services** will continue throughout February:

Please access these services:

online: via the website: www.mountsbayub.wordpress.com

via Facebook: Mounts Bay United Benefice

by telephone: Dial up and listen to the service: 01736-279039

Churches Open for Private Prayer throughout the week

Ludgvan and Marazion remain open for private prayer every day, whilst St Hilary and Perranuthnoe are closed. There will be no midweek Communion Services in February. However, everyone is welcome to join **Morning Prayer** at Marazion at 10am on Wednesdays and at Ludgvan at 10am on Thursdays.

Morning and Evening Prayer

Please join at home with Morning Prayer at 10am and Evening Prayer at 4pm using this booklet. (I don't know about you, but I'm finding reading through the Gospel of St Luke is revealing some little known and little read passages, some hidden gems to sustain us!)

Finances: Please accept this pack as a gift. Any help towards this cost is very gratefully received: please send a cheque or cash to 'Mounts Bay UB' c/o Sandra Seymour, The Rectory, Ludgvan, Penzance, TR20 8EZ.

Lent Group on Zoom:

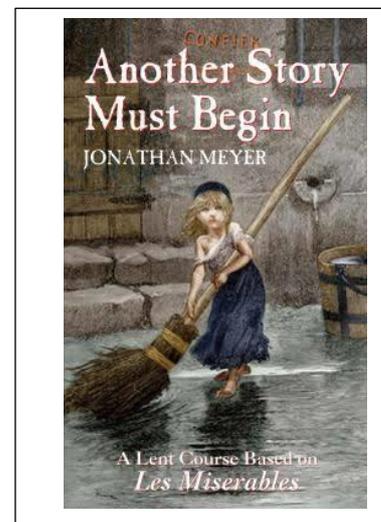
'Another Story Must Begin': *'Les Miserables'*

I love the title alone: *'Another Story Must Begin'* (as it surely must and we pray soon!)

Thanks to William Morris, we are going to have a weekly Lent Group on Zoom studying through watching excerpts and clips of the film and musical *'Les Miserables'*.

The Lent Group will be held 6.30pm-7.30pm on: Wednesdays 24 February, 3 March, 10 March, 17 March, 24 March, 31 March.

If you would like to join please e-mail William Morris morriswil@aol.com or contact one of the clergy and let them know you'd like to join in.



Lent Appeal:

'Plant A Tree for Lent'

As a result of our Lent 2020 Appeal we raised enough money to buy 100 trees for the Woodland Trust. We are continuing with this action for the Lent Appeal 2021. If we pledge to give £7 (£1 for each of the 7 weeks of Lent) we could each buy a tree, enabling the Woodland Trust in their work of protecting and creating new woodland! One of the signs of new life would be having a day when we could come together to plant out some trees when this time of trial is over.

Any donations can be made by putting them in a separate envelope into the collection plates at each Church or sending a donation to: 'Mounts Bay UB' c/o Mrs Sandra Seymour, Parish Office, The Rectory, Ludgvan, Penzance, TR20 8EZ. Account Number: 7614526 Sort Code: 60-16-22.

Canon Nigel Marns

Thursday 28 January 2021

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Please contact any of the clergy team about anything:

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Revd Linda Garthwaite 07592 612740 linda.gathwaite@kennegycove.co.uk

Morning Prayer

If you are lighting a candle say:

We light a candle because Christ is the Light no darkness can extinguish.

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Opening sentences

The night has passed, and the day lies open before us; let us pray with one heart and mind. (*Silence*) As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. **Amen.**

Springtime Acclamation (Ray Simpson)

Spring, with her colour, warmth, and scent: season of budding, rebirth, intent.
Year by year He sends the spring: promise and pardon mingling.

While Christ eternal from the Cross: bounty bestows from utter loss.
The broken, cold, and stagnant earth: awakes with miracles of birth.

And spirits, broken, contrite, cold: are healed with blessings manifold.
In Springtime the sap, the joy: runs barefoot like a little boy.

And hope grows warm with certainty: of miracles that we shall see.
Of harvest in the fields again: God's kingdom after death and pain.

Yes, life and death become a wondrous thing:
mid Cross and crocus in the spring.
Beauty is free to walk abroad: and spread the glory of the Lord.

O, heaven is earth and earth is heaven: to know that Christ the King will rise;
And to know the Easter tale is true: that Jesus Christ makes all things new.

We say or sing:

**Your Word is a lamp for my feet, Your Word is a light for my path,
Your Word is a lamp for my feet.**

Today's Scripture Reading (please see the back of this booklet) & in Lent
'A Little Book of Lent' Commentary

We say or sing:

**Your Word is a lamp for my feet, Your Word is a light for my path,
Your Word is a lamp for my feet.**

Prayers of Intercession for others and the whole world

The Lord's Prayer

Closing Prayer (Philip Newell)

Bless to me, O God, my soul that comes from on high.

Bless to me, O God, my body that is of the earth.

**Bless to me, O God, each thing my eye sees,
each sound my ear hears.**

**Bless to me, O God, each scent that goes to my nostrils,
each taste that goes to my lips,**

each ray that guides my way.

Amen.

Final Prayer

May the peace of the Lord Christ go with you, wherever He may send you. May He guide you through the wilderness, protect you through the storm. May He bring you home rejoicing at the wonders He has shown you. May He bring you home rejoicing once again into our doors.

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Evening Prayer

If you are lighting a candle say:

We light this candle because Christ is the Light no darkness can extinguish.

+ In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Opening Prayers

That this evening may be holy, good and peaceful, let us pray with one heart and mind. (*Silence*) As our evening prayer rises before you, O God, so may your mercy come down upon us to cleanse our hearts and set us free to sing your praise now and for ever. **Amen.**

Expressions of faith

Lord, You have always given bread for the coming day;
and though I am poor, today I believe.

Lord, You have always given strength for the coming day;
and though I am weak, today I believe.

Lord, You have always given peace for the coming day;
and though of anxious heart, today I believe.

Lord, You have always kept me safe in trials;
and now, tried as I am, today I believe.

Lord, You have always marked the road for the coming day;
and though it may be hidden, today I believe.

Lord, You have always lightened this darkness of mine;
and though the night is here, today I believe.

Lord, You have always spoken when time was ripe;
and though you be silent now, today I believe.

Today's Scripture Reading (*please see the back of this booklet and see Commentary 18-25 January in 'Week of Prayer for Christian Unity' Booklet*)

Prayers of Intercession, for others and the whole world

The Lord's Prayer

Psalm 31:1-5

Lord, make haste to deliver me.

- 1 In you, O Lord, have I taken refuge; let me never be put to shame;
deliver me in your righteousness.

- 2 Incline your ear to me; make haste to deliver me.
- 3 Be my strong rock, a fortress to save me, for you are my rock and my stronghold; guide me, and lead me for your name's sake.
- 4 Take me out of the net that they have laid secretly for me, for you are my strength.
- 5 Into your hands I commend my spirit,
for you have redeemed me, O Lord God of truth.
Lord, make haste to deliver me.

Blessing

O Lord, keep us safe this night secure from all our fears
may angels guard us whilst we sleep till morning light appears.

(Contributed by Mary Yellop)

Watch now, dear Lord, with those who wake or watch or weep tonight,
and give your angels charge over those who sleep.

Tend your sick ones, O Lord Christ, rest your weary ones,

bless your dying ones, soothe your suffering ones,

pity your afflicted ones, shield your joyous ones, and all for your love's sake.

(Suggested by Sue Eames from 'Iona Worship Book')

+ In the name of the Father, and of the Son, and of the Holy Spirit.
Amen.

Sunday 7 February
Second Sunday Before Lent in Church

Collect Almighty God, You have created the heavens and the earth and made us in your own image: teach us to discern your hand in all your works and your likeness in all your children; through Jesus Christ your Son our Lord, who with you and the Holy Spirit reigns supreme over all things, now and forever. **Amen**

New Testament Reading: Colossians 1:15-20

Psalm 104:27-35

27 There is the sea, spread far and wide, and there move creatures beyond number, both small and great.

28 There go the ships, and there is that Leviathan which you have made to play in the deep.

29 All of these look to you to give them their food in due season.

30 When you give it them, they gather it; you open your hand and they are filled with good.

31 When you hide your face they are troubled; when you take away their breath, they die and return again to the dust.

32 When you send forth your spirit, they are created, and you renew the face of the earth.

33 May the glory of the Lord endure for ever; may the Lord rejoice in his works;

34 He looks on the earth and it trembles; he touches the mountains and they smoke.

35 I will sing to the Lord as long as I live;

Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

Gospel Reading: John 1:1-14

Post Communion Prayer Almighty God, give us reverence for all creation and for your life-giving bread with which you feed us. Help us to have respect for every person, that we may mirror your likeness in Jesus Christ our Lord. **Amen.**

Sunday 7 February Online
‘Love your neighbour as yourself’



Prayer

Eternal God, you create us out of love,
That we may love you and love each other,
That we may love you and love our neighbour
That we may love you and love your creation,
Through Jesus Christ our Lord. Amen.

Reading Matthew 22:35-39

Quiz

Can you guess which language is being spoken?

<i>Russian</i>	<i>Swahili (Southern Africa)</i>
<i>Swedish</i>	<i>German</i>
<i>Chinese (Mandarin)</i>	<i>Spanish</i>
<i>South India (Malayalam)</i>	<i>French</i>

Saying the Lord’s Prayer Together

Reading Matthew 28:16-20

The Work of our Mission Partners

A Presentation by Colin and Audrey Gibson in Lebanon



Song

*When I needed a neighbour, were you there, were you there?
When I needed a neighbour, were you there?
And the creed and the colour and the name won't matter, were you there?*

*I was hungry and thirsty, were you there, were you there?
I was hungry and thirsty, were you there? And the creed and the colour...*

*I was cold, I was naked, were you there, were you there?
I was cold, I was naked, were you there? And the creed and the colour...*

*When I needed a shelter, were you there, were you there?
When I needed a shelter, were you there? And the creed and the colour...*

*When I needed a healer, were you there, were you there?
When I needed a healer, were you there? And the creed and the colour...*

*Wherever you travel, I'll be there, I'll be there
Wherever you travel, I'll be there And the creed and the colour...*

Prayers & Blessing

Sunday 14 February Sunday before Lent in Church

Collect

Almighty God, friend of Moses and strength of Elijah, you go with your people and give them your Spirit: may the child of your heart so transfigure the mortal world that love may know no bounds; through Jesus Christ, the beloved one. **Amen.**

New Testament Reading: 2 Corinthians 4:3-6

Psalm 50:1-6

- 1 The Lord, the most mighty God, has spoken and called the world from the rising of the sun to its setting.
- 2 Out of Zion, perfect in beauty, God shines forth; our God comes and will not keep silence.
- 3 Consuming fire goes out before him and a mighty tempest stirs about him.
- 4 He calls the heaven above, and the earth, that he may judge his people:
- 5 'Gather to me my faithful, who have sealed my covenant with sacrifice.'
- 6 Let the heavens declare his righteousness, for God himself is judge.

Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

Gospel Reading: Mark 9:2-9

Post Communion

Holy God, we see your glory in the face of Jesus Christ: may we who are partakers at his table reflect his life in word and deed, that all the world may know his power to change and to save. This we ask through Jesus Christ our Lord. **Amen.**

Wednesday 17th February: Ash Wednesday in Church

Collect

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all who are penitent: create and make in us, new and contrite hearts, that we, worthily lamenting our sins, and acknowledging our wretchedness, may receive from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ, your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever. **Amen.**

Old Testament Reading: Isaiah 58:1-12

Psalm 51:1-17

1 Have mercy on me, O God, in your great goodness; according to the abundance of your compassion blot out my offences.

2 Wash me thoroughly from my wickedness and cleanse me from my sin.

3 For I acknowledge my faults and my sin is ever before me.

4 Against you only have I sinned and done what is evil in your sight,

5 So that you are justified in your sentence and righteous in your judgement.

6 I have been wicked even from my birth, a sinner when my mother conceived me.

7 Behold, you desire truth deep within me and shall make me understand wisdom in the depths of my heart.

8 Purge me with hyssop and I shall be clean; wash me and I shall be whiter than snow.

9 Make me hear of joy and gladness, that the bones you have broken may rejoice.

10 Turn your face from my sins and blot out all my misdeeds.

11 Make me a clean heart, O God, and renew a right spirit within me.

12 Cast me not away from your presence and take not your holy spirit from me.

13 Give me again the joy of your salvation and sustain me with your gracious spirit;

14 Then shall I teach your ways to the wicked and sinners shall return to you.

15 Deliver me from my guilt, O God, the God of my salvation, and my tongue shall sing of your righteousness.

16 O Lord, open my lips and my mouth shall proclaim your praise.

17 For you desire no sacrifice, else I would give it; you take no delight in burnt offerings.

Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

Gospel Reading: Matthew 6:1-6,16-21

Post Communion

Almighty God, you have given us your Son to be for us both a sacrifice for sin and also an example of godly life: give us grace that we may always thankfully receive these his inestimable gifts, and also daily endeavour to follow the blessed steps of his most holy life, through Jesus Christ our Lord. **Amen.**

Sunday 21 February First Sunday of Lent

Collect Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever. **Amen.**

Psalm 25:1-8

- 1 To you, O Lord, I lift up my soul; O my God, in you I trust;
let me not be put to shame; let not my enemies triumph over me.
- 2 Let none who look to you be put to shame,
but let the treacherous be shamed and frustrated.
- 3 Make me to know your ways, O Lord, and teach me your paths.
- 4 Lead me in your truth and teach me, for you are the God of my salvation;
for you have I hoped all the day long.
- 5 Remember, Lord, your compassion and love, for they are from
everlasting.
- 6 Remember not the sins of my youth or my transgressions,
but think on me in your goodness, O Lord, according to your steadfast
love.
- 7 Gracious and upright is the Lord; therefore shall he teach sinners in the
way.
- 8 He will guide the humble in doing right and teach his way to the lowly.

Glory to the Father, and to the Son, and to the Holy Spirit, As it was in the beginning, is now, and ever shall be, world without end. Amen.

Old Testament Reading: Genesis 9:8-17

Gospel Reading: Mark 1:9-15

Post Communion Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen.**

Sunday 28 February Second Sunday of Lent

Collect Almighty God, by the prayer and discipline of Lent, may we enter into the mystery of Christ's sufferings, and by following in his Way come to share in his glory; through Jesus Christ our Lord. **Amen.**

Old Testament Reading: Genesis 17:1-7, 15, 16

Psalm 22: 23-end

23 Praise the Lord, you that fear him; O seed of Jacob, glorify him; stand in awe of him, O seed of Israel.

24 For he has not despised nor abhorred the suffering of the poor; neither has he hidden his face from them; but when they cried to him he heard them.

25 From you comes my praise in the great congregation; I will perform my vows in the presence of those that fear you.

26 The poor shall eat and be satisfied; those who seek the Lord shall praise him; their hearts shall live for ever.

27 All the ends of the earth shall remember and turn to the Lord, and all the families of the nations shall bow before him.

28 For the kingdom is the Lord's and he rules over the nations.

29 How can those who sleep in the earth bow down in worship, or those who go down to the dust kneel before him

30 He has saved my life for himself; my descendants shall serve him; this shall be told of the Lord for generations to come.

31 They shall come and make known his salvation, to a people yet unborn, declaring that he, the Lord, has done it.

Glory to the Father, and to the Son and to the Holy Spirit, as it was in the beginning, is now and ever shall be, world without end. Amen.

Gospel Mark 8:31-end

Post Communion Almighty God, you see that we have no power of ourselves to help ourselves: keep us both outwardly in our bodies and inwardly in our souls; that we may be defended from all adversities which happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord. **Amen.**

Morning and Evening Prayer Readings

Date	Morning	Evening	Commentary
Monday 1 February	Luke 9:1-9	Luke 9:10-17	
Tuesday 2 February	Luke 9:18-27	Luke 10:28-36	
Wednesday 3 February	Luke 10:37-45	Luke 10: 46-62	
Thursday 4 February	Luke 10:1-24	Luke 10: 25-37	
Friday 5 February	Luke 10: 38-42	Luke 11:1-13	
Saturday 6 February	Luke 11:14-36	Luke 11:37-53	
Monday 8 February	Luke 12:1-11	Luke 12: 13-34	
Tuesday 9 February	Luke 12: 35-48	Luke 12: 49- 13:9	
Wednesday 10 February	Luke 13:10-17	Luke 13:18-30	
Thursday 11 February	Luke 13: 31-35	Luke 14:1-14	
Friday 12 February	Luke 14: 15-24	Luke 14:25-35	
Saturday 13 February	Luke 15	Luke 16:1-18	
Monday 15 February	Luke 16:19-31	Luke 17: 1-10	
Tuesday 16 February	Luke 17: 11-18	Luke 17:20-37	
Ash Wednesday 17 February	Luke 9:12-17	Luke 18:1-8	'Little Book of Lent' page 4
Thursday 18 February	John 21:15-19	Luke 18:9-17	Page 7
Friday 19 February	Isaiah 6:1-8	Luke 18:18-30	Page 10
Saturday 20 February	Matthew 4:18-22	Luke 18:35-43	Page 13
Monday 22 February	Romans 8:12-17	Luke 19:1-9	Page 19
Tuesday 23 February	Genesis 28:10-17	Luke 19: 11-27	Page 22
Wednesday 24 February	Colossians 3:12-17	Luke 19:28-48	Page 25
Thursday 25 February	John 12:1-8	Luke 20:1-8	Page 28
Friday 26 February	Psalms 42	Luke 20:9-18	Page 31
Saturday 27 February	2 Corinthians 4:5-12	Luke 20: 19-26	Page 34

